

| Please indicate how strongly you disagree or agree with the following items. | Strongly Disagree | Disagree | Mildly Disagree | Mildly Agree | Agree | Strongly Agree |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 10. I tend to interrupt to finish the thoughts of others. | <input type="checkbox"/> |
| 11. If I have doubts about my faith, I have someone I can talk with. | <input type="checkbox"/> |
| 12. I feel I do not have much to be proud of. | <input type="checkbox"/> |
| 13. Even if a person apologizes, I have difficulty forgiving them. | <input type="checkbox"/> |
| 14. At times, I blame others for how I feel. | <input type="checkbox"/> |
| 15. I believe I am a person of worth, at least on an equal plane with others. | <input type="checkbox"/> |
| 16. If someone disagrees with me, I get defensive. | <input type="checkbox"/> |
| 17. In most ways, my life is close to ideal. | <input type="checkbox"/> |
| 18. It has been hard for me to ask others for what I wanted. | <input type="checkbox"/> |
| 19. I can describe myself accurately. | <input type="checkbox"/> |
| 20. I can recognize and identify feelings in others. | <input type="checkbox"/> |
| 21. I am aware of how my feelings influence my thoughts and actions. | <input type="checkbox"/> |
| 22. I participate in efforts to address important social issues in my community. | <input type="checkbox"/> |
| 23. I try to forgive others even when they don't apologize. | <input type="checkbox"/> |
| 24. People tend to think of me as an angry person. | <input type="checkbox"/> |
| 25. I end up feeling responsible for disagreements or arguments. | <input type="checkbox"/> |
| 26. I feel like I am becoming more like Jesus. | <input type="checkbox"/> |
| 27. I admit when I have made a mistake. | <input type="checkbox"/> |
| 28. I try to let other people finish their sentences before I start to speak. | <input type="checkbox"/> |
| 29. If I struggle with my faith, I have people who will listen and support me. | <input type="checkbox"/> |
| 30. I am inclined to feel that I am a failure. | <input type="checkbox"/> |
| 31. I don't forgive unless it is asked for. | <input type="checkbox"/> |
| 32. When I get upset, I often blurt out things I later regret saying. | <input type="checkbox"/> |
| 33. I have what it takes to be successful in life. | <input type="checkbox"/> |
| 34. When someone hurts me, I hurt them back. | <input type="checkbox"/> |